

Publication requirements

The article should contain its own conclusions and statements of intermediate or final results of scientific research, author's developments, and conclusions, recommendations that have not been previously published and are new. Systematic reviews devoted to the review of previously unpublished scientific papers related to general topics are also accepted for publication. **Articles that do not meet the requirements will not be accepted!**

All articles submitted to the editorial board are thoroughly reviewed. The journal practices double blind peer review, in which the reviewer does not know the name of the author, and the authors do not know the name of the reviewer. If reviewers have any questions, the article is returned to the authors for revision.

The file name is given by the last name of the first author: If several works are submitted from the same author, then the file name is "FULL NAME 1", "FULL NAME 2" (for example: Petrov D. N. 1, Petrov D.N. 2). Each article passes the anti-plagiarism check. The article should consist of the following sections:

<i>Review Article</i>	<i>Original Article</i>	<i>Clinical case</i>
Abstract, keywords	Abstract (purpose, methods, results, conclusions), keywords	Abstract, keywords
Introduction (purpose of the study)	Introduction (purpose of the study)	Introduction (purpose of the study)
Main part (subsections with titles)	Materials and methods	Clinical case description
Conclusions	Results	Results
Conflict of interests	Discussion	Discussion
References	Conclusion	Conclusion
	Conflict of interests	Conflict of interests
	Authors' contribution	Authors' contribution
	References	References

Title page

The title page contains the UDC, title of the article, data (Surname/First Name/Patronymic, position, place of work, city, country, e-mail, ORCID) of all participants designated as the author. The author's contact details for the editorial office, as well as the address, phone number, and e-mail should be given at the bottom of the title page.

The title page is drawn up in Kazakh, Russian and English.

Abstract

The length of the abstract should not exceed 300 words. The abstract of *the original articles* has a goal, methods, results, conclusions, and keywords. The abstract of *review articles* is formed in the form of a single paragraph, which contains

information about the relevance of the selected topic. The abstract must not contain abbreviated words. References to literature in the abstract are not allowed. The summary is subtitled "Keywords", followed by 3 to 6 keywords that reflect the issues addressed in the study. For keywords, it is advisable to use terms from the list of medical Subject Headings (MeSH, Medical Subject Headings) used in Index the Medicus Index (www.pubmed.com).

The resume is also issued in Kazakh, Russian and English.

Introduction

For original articles (the results of the authors' own research), the IMRaD format IMRaD (English Introduction, Methods, Results and Discussion) is adopted, according to which the structure of the manuscript should contain sections: introduction, materials and methods, discussion of results and conclusions.

In the introduction, the essence, relevance and purpose of the study should be clearly defined. This section should provide the background for the study. It is necessary to justify and indicate the specific goals or hypothesis of the study. This section describes the problem and its significance. It is necessary to reasonably prove to the reader the necessity of conducting this research. You should also refer to the results of studies conducted in other countries.

Materials and methods

This section should include only the methods used in the study. In this section, the authors must declare that this study complies with the basic ethical principles. The section recommends that you provide a clear description of the following points: the type of study, the method of selecting study participants, and how data is presented and processed.

1. Type of research

The subsection clearly describes the type of study being conducted (literature review, observational, experimental, etc.). You should indicate the year of the study, especially when studying features that are characterized by seasonal variability.

2. Method of selecting study participants

The subsection clearly indicates how patients were selected for observation. The general population from which the study participants are selected is indicated. Observational studies indicate how to create a sample (simple random, stratified, systematic, clustered, multi-stage, etc.). Experimental studies indicate whether there is a randomization procedure for study participants.

3. Data presentation and processing method

You need to describe the data processing method in detail. The subsection should contain a definition of all statistical terms, symbols, and abbreviations used in research. If several statistical criteria are used in your work, you should mention all of them and indicate in which situation each of the criteria was used.

Authors are required to indicate that the patient has written informed consent to the dissemination of their medical information has been obtained from the patients.

Results

The results should be presented in the text, tables, and illustrations in a logical sequence based on the order of research goals and objectives. Tables should be printed after the reference to the table in the text, each column should be titled, and the explanation of terms and abbreviations should be specified in the notes to the table. All illustrations should be numbered sequentially in Arabic numerals in the order in which they are mentioned in the text. If you use illustrations from other sources, you must specify the source of information. You should not repeat in this section the material that has already been described in the sections "Introduction" and "Methods".

Discussion

It is necessary to highlight new and important aspects of the study and, equally important, try to explain the reasons for obtaining such results. You should note the strengths of the study or how it is better than others on this topic. The section describes how the results obtained in the course of this study relate to the results of similar studies conducted by other authors. Instead of simply mentioning previous studies, one should try to explain why the results obtained differ or do not differ from the results obtained by other authors.

Conclusions

Conclusions should be drawn based on the objectives of the study, avoiding unsubstantiated statements and conclusions that do not follow from the presented observations or calculations. They must contain qualified statements and data confirmed by the authors. Conclusions should not contain abbreviated words.

Conflict of interest

Authors must declare the presence/absence of a conflict of interest. If there is a conflict of interest, the lead author must fill out a conflict of interest statement.

Authors' contribution

In this section, you must specify the contribution of each author in the work on the article.

List of references

The list of references is numbered, as they are cited, not in alphabetical order. It is recommended to use sources published within the last 5-7 years. The names of foreign authors are given in the original transcription. For original articles, the number of sources should be 25-30, and for review, articles should not exceed 80. The reference number must be placed in square brackets at the end of the sentence before the dot. A link to a scientific article should contain the following information: authors, article title, journal title, year, volume/issue, first and last pages of the article. References to the book should include only the year of publication and the number of pages. You must insert a digital object identifier (DOI) at the end of each source.

1. Authors. (Year of issue). Title of the article. *Title of the journal, Volume* (number of issue), first page of the article – the last page of the article. DOI

Example of formatting an English-language source:

1. Gmelig Meyling, C., Verschuren, O., Rentinck, I. R., Engelbert, R. H., & Gorter, J. W. (2022). Physical rehabilitation interventions in children with acquired brain injury: a scoping review. *Developmental Medicine & Child Neurology*, 64(1), 40-48. <https://doi.org/10.1111/dmcn.14997>

Example of formatting a Russian-language source with transliteration:

1. Вакнин, Е. Е., Малышева, Е. В., Понимасов, О. Е., & Сабурова, Е. В. (2022). Гидротерапия в реабилитации детей с нервно-мышечными расстройствами. *Ученые записки университета им. П.Ф. Лесгафта*, 7(209), 68-71. <https://cyberleninka.ru/article/n/gidroterapiya-v-reabilitatsii-detey-s-nervno-myshechnymi-rasstroystvami>

Vaknin, E. E., Malysheva, E. V., Ponimasov, O. E., & Saburova, E. V. (2022). Hidroterapiya v reabilitatsii detey s nervno-myshechnymi rasstroystvami (Hydrotherapy in rehabilitation of children with neuromuscular disorders) [in Russian]. *Uchyonye zapiski universiteta im. P.F. Lesgafta*, 7(209), 68-71. <https://cyberleninka.ru/article/n/gidroterapiya-v-reabilitatsii-detey-s-nervno-myshechnymi-rasstroystvami>

Example of execution of a link to the website:

1. World Health Organization. International Clinical Trials Registry Platform (ICTRP). Website. [Cited 20 Jan 2024]. Available from URL: <https://www.who.int/tools/clinical-trials-registry-platform>

Example of making a reference to a normative legal act:

1. Code of the Republic of Kazakhstan. On the health of the people and the health care system: from July 7, 2020, No. 360-VI ZRK.

Tables

Each table must contain the name and numbering of the table in the order in which it is first mentioned in the text. All abbreviations used in the table should be presented in alphabetical order in the explanation to the table. It is recommended to present large tables as an appendix at the end of the article.

Example demonstrating table and correct placement of the table title:

Table 1. Title of the table

Drawings/Figures

Drawings should also have a title and numbering. Images must be clear and represent at least 300 DPI in JPEG format.

Example demonstrating figure and correct placement of the figure title:

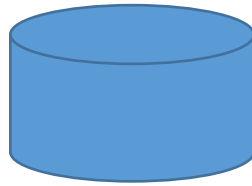


Figure 1. Title of the figure

The text of the article should be printed Times New Roman in 12-point Times New Roman font with a line spacing of 1. Portrait orientation with 2.5 cm margins on all sides.

Articles should be sent to the editorial office in electronic form in MS Word format to the following email address: vestnik.ncdr@gmail.com, ncdruno@gmail.com